

The **DANGERS** of **PET OBESITY**

Pets with obesity have an increased risk for:

- High blood pressure
- Respiratory disease
 - Osteoarthritis
 - Heart disease
 - Diabetes
 - Cancer

Pet obesity has emotional consequences too, including:

- Lower quality of life
- Higher levels of fear, anxiety and stress

Food is not love

- Nutrition tips for keeping pets trim:
- Use food puzzles
- Measure each meal
- Use a slow feeder bowl
- Schedule annual exams, and twice yearly for your senior pets
- Be aware of your pet's weight and their ideal weight
- Keep treats to less than 10% of your pet's total daily caloric intake
- Swap table scraps for pet-safe fruits or vegetables

Did you know?

Obesity can reduce your pet's life expectancy by 2.5 years.



**Let's do our best to keep our furry friends fit.
Talk to us about the right exercise and nutrition plan for your pets.**